



NINGBO BRITISH INTERNATIONAL SCHOOL

Weekly Newsletter 33
May 23th, 2025



Preventing Drowning Notice to Parents

Please educate your children to adhere to the **"Six Don'ts"**:

- Don't swim alone.
- Don't swim without permission or supervision from parents or teachers.
- Don't swim in areas without safety facilities or rescue personnel.
- Don't swim in unfamiliar waters.
- Don't swim in dangerous or unregulated waters.
- Students who cannot swim should not attempt to rescue others on their own.

Especially remind your children: if they see someone drowning, they should not attempt a rescue themselves but instead call for help immediately by dialling 110 or 120.

Parents are expected to follow the **"Four Knows"** regarding their children's whereabouts:

- Know where your child is going;
- Know what your child is doing;
- Know who your child is with;
- Know when your child is expected to return.

During after-school hours, weekends, and holidays, parents must pay extra attention to their children's activities and whereabouts to prevent drowning incidents caused by lack of supervision.

Traffic Safety Notice to Parents



1. Proper Use of Helmets and Seat Belts

- Parents and students riding electric bicycles must wear safety helmets at all times. All students riding bicycles or electric bicycles to school must wear a helmet at all times. Helmets should be properly fastened—ensure the chin strap is securely buckled. Avoid loosely wearing or removing the helmet while riding.
- Passengers must wear seat belts at all times when riding in a car. Parents are expected to lead by example and remind children to fasten their seat belts properly.

2. Observe Age Restrictions and Safe Riding Practices

- Children under the age of 12 are not allowed to ride bicycles on public roads. Parents must provide personal supervision or choose a safe mode of transport.
- Students under the age of 16 are not permitted to ride electric bicycles on public roads.

3. Riding Guidelines for Eligible Students

- Students who meet the age requirement must ride in designated non-motorised lanes. If no such lane is available, ride along the right edge of the road (within 1.5 metres of the curb). Use of motor vehicle lanes is strictly prohibited.
- Dangerous behaviours such as riding against traffic, riding side by side, carrying passengers, riding with one hand, or listening to music with headphones are strictly forbidden. Riders must stay alert, slow down when approaching intersections, and signal with hand gestures in advance.



CONGRATULATIONS

Sue Rhee (Zhui)

Class of 2025



for receiving an offer to study Design at the University of Melbourne
(Ranked #13 in the World QS 2025).



Images sourced from the Internet.



A NIGHT TO REMEMBER! CHEERS TO 20 YEARS!

DEAR NBIS COMMUNITY,

WHAT A NIGHT! OUR 20TH ANNIVERSARY GALA ON MAY 16 WAS TRULY A
SPARKLING CELEBRATION —

AND IT WOULDN'T HAVE BEEN POSSIBLE WITHOUT YOU!

A HUGE CHEERS TO ALL OUR WONDERFUL SPONSORS!

SILVER
SPONSOR

GOLD
SPONSOR



WE WERE BLOWN AWAY BY THE GENEROSITY OF BUSINESSES AND RESTAURANTS IN NINGBO AND SHANGHAI-YOUR LUCKY DRAW CONTRIBUTIONS WERE A HIT AND HELPED US RAISE A REMARKABLE AMOUNT! A SPECIAL THANKYOU TO CICI, WHO SO GENEROUSLY DONATED 15 BEAUTIFUL GIFT BASKETS FILLED WITH LOTS OF TREATS & BEAUTY MASKS PROVIDED BY EVA!

ALL FUNDS WILL GO TO THE PTA TO BRING MORE FUN AND MEANINGFUL EVENTS TO
OUR STUDENTS.



Ningbo British
International School

Unity - Diversity - Excellence



A COLD AND BOLD THANK YOU TO RMG FOR KEEPING US REFRESHED WITH THEIR DELICIOUS BEERS. A BUBBLY SHOUTOUT TO ZIKOLAND FOR THEIR GENEROUS WELCOME DRINKS — AND IF YOU LOVED THOSE BUBBLES AS MUCH AS WE DID, DON'T MISS THE CHANCE TO CHECK OUT WHAT ELSE THEY HAVE TO OFFER BY SCANNING THIS QR CODE!

RMG Steel
YOUR COMMITTED SUPPLIER

ZIKOLAND



THE DECORATIONS WERE ABSOLUTELY FABULOUS, AND YOU ALL LOOKED GORGEOUS IN YOUR BLACK AND GOLD GALA OUTFITS — PURE ELEGANCE EVERYWHERE WE TURNED!

LET'S NOT FORGET THE FABULOUS GLOBALTCO MUGS IN OUR GIVEAWAY BAGS — THE PERFECT SIP-OFF TO A NIGHT FULL OF MEMORIES.



AND SPEAKING OF WOW MOMENTS... A MASSIVE THANK YOU TO THE NBIS SECONDARY ART DEPARTMENT FOR THEIR STUNNING CONTRIBUTIONS — FROM THE BREATHTAKING PORTRAIT OF PRINCIPAL PHIL BILLING TO THE AUCTION PIECE BY NELLY THAT RAISED A JAW-DROPPING 5300 RMB! THAT'S ART WITH HEART!



FROM GOOD FOOD AND FLOWING DRINKS TO DANCING, SINGING, AND DOZENS OF LUCKY DRAW PRIZES — IT WAS AN EVENING THAT TRULY BROUGHT OUR NBIS FAMILY TOGETHER.

AND FINALLY, THE BIGGEST THANK YOU GOES TO THE ORGANIZING COMMITTEE AND OUR INCREDIBLE HELPERS — PARENTS, TEACHERS, AND STAFF — YOUR HARD WORK MADE THE MAGIC HAPPEN.



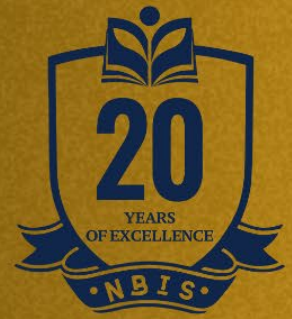
HERE'S TO 20 YEARS OF NBIS
— AND MANY MORE TO COME! —



Ningbo British
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Celebrating Together: Parent Feedback on the Gala



Tulay-Year 10

"It was a very pleasant evening with lots of fun and laughter. Philip's memorable farewell speech made it even more remarkable. Thanks to the PTA and SAC for the wonderful preparations, and we look forward to the next one."



Haifei-Year 9+Year 10

"The NBIS 20-year gala night radiates an atmosphere of exuberant joy, unwavering gratitude, and collective celebration. The vibrant energy of the event, captured in the dynamic dance moves and radiant smiles of participants, reflects decades of dedication and hard work by teachers who have shaped generations of students. Their contributions shine through the playful camaraderie of alumni and parents, who unite in laughter and dance, embodying the school's spirit of community and legacy. Every pose and clap tells a story of triumph, growth, and unforgettable memories. This milestone evening is a beautiful testament to the impact of educators and a joyous reminder of the happy bonds forged between students, families, and staff over 20 transformative years."

Celebrating Together: Parent Feedback on the Gala



Tsveta-Year 12

"This Gala was a great celebration for a school that has always cared for our children. I felt we were celebrating others and ourselves, as engaged leaders, teachers, and parents. The great pictures remind me how far we have come since I sent my girls 15 years ago. Wish NBIS many happy returns."



Bonny-Year 9

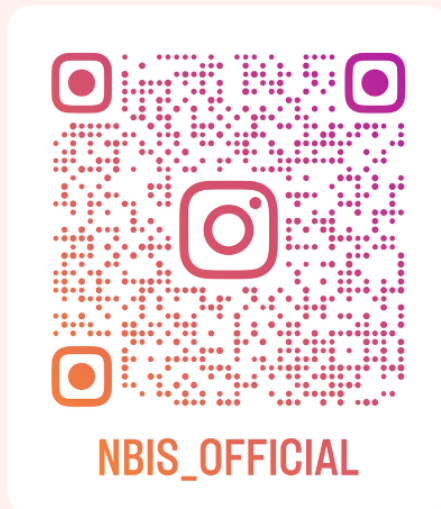
"We really enjoyed Gala Night, it was a wonderful event and a great celebration of the NBIS community."

The artwork on display was stunning, and we were so happy to purchase a beautiful piece made by a very talented student. It's always inspiring to see such creativity and passion from the children—it really reflects the supportive and nurturing environment NBIS provides.

Having been part of the NBIS community for 15 years, we've had the privilege of witnessing the school's remarkable growth. As NBIS celebrates its 20th anniversary, we feel proud to be part of this journey and grateful for the dedication and care the school continues to show to its students and families."

Follow Us

ON SOCIAL MEDIA



📷 NBIS is now on Instagram!

We're excited to announce that NBIS has officially launched its own Instagram account! 🎉

Follow us [@nbis_official] to catch the latest moments from our vibrant school community — from classroom highlights and student achievements, to special events and behind-the-scenes glimpses of daily life at NBIS.

Don't miss a thing — come along and be part of our journey!

🔗 Follow us on Instagram: [instagram.com/nbis_official](https://www.instagram.com/nbis_official)

Thank you



Ningbo British
International
School

ARTS FES- -I

NBIS ART, DRAMA AND MUSIC FESTIVAL

MAY 27TH - 13TH OF JUNE 2025

27TH OF MAY

Drama Night for Y 7, 8B and 9B

5 P.M. - NBIS AUDITORIUM



28TH OF MAY

Drama Night for Y8A and 9A

5 P.M. - NBIS AUDITORIUM



29TH OF MAY

Children's Day Concert

11 A.M. AND 2 P.M. - NBIS AUDITORIUM



3RD OF JUNE

Art Exhibition Grand Opening

4 P.M. - STAFF LOUNGE



Nursery B

Ms Karen Yang & Ms Helen Zhu

Our children explored the exciting theme of "Transportation and Road Safety," engaging in various activities that supported their development across the EYFS (Early Years Foundation Stage) areas.



Blocks Building
& Crane

Car Parking

Car Parking

Busy Road
Tuff Tray



Nursery B

Ms Karen Yang & Ms Helen Zhu

Early Years
Section

The activities was full of hands-on learning, helping children connect their play to real-life experiences while developing essential skills!



EYFS Areas Covered:

Communication & Language: New vocabulary, discussions, and role-play conversations.

Physical Development: Fine motor skills through building and crafting.

Personal, Social & Emotional Development : Safety awareness and cooperative play.

Literacy: Reading signs and labeling vehicles.

Mathematics: Counting wheels, tickets, or seats in vehicles.

Understanding the World: Learning about transport systems and community safety.

- **Expressive



PRIMARY ASSEMBLY

YEAR 3A

Year 3A presented a meaningful and fun packed assembly about how music can make us feel different things. After listening to and enjoying different styles of music, pupils in the audience were interviewed to share their thoughts about how music can affect their feelings. 3A finished by sharing their own musical compositions which they had written as poems and adapted in songs with Mr Armstrong using artificial intelligence!



They concluded that music can make us feel many different things. If you have a worry, you can listen to music to calm yourself down. If you need energy, you can listen to music to get you excited!

By Mr Armstrong



Mathletics Class Champions

Lower Primary

Upper Primary

Year 3A

Year 5B

Top 10 Mathletes this year

1. Joshua Zhang

2. Robin Dantong Zhang

3. Dawn lim

4. Louis Pan

5. Joy Bao

6. Annabella Tianyue Yuan

7. Minnie Bao

8. Kayla Ziqi Xu

9. Ginny Jinfan Yu

10. Kohma Yokoi



By Mr Armstrong

PRIMARY WRITING COMPETITION

1st place – 3A Josephine Xu

2nd place – 3A Carina Sh

3rd place – 2B Kylie Jiang



STARS OF THE WEEK

1A
Allen
Yuchen

3B
Ivy
Brian

1B
?
?

3A
Amanda
Bryson

2A
Noa
Leon

2B
Anna Sofia
Archimede

2C
Caspian
Zoey

By Mr Armstrong



Well done our stars, your hard work, positive attitude, and kindness make NBIS a better place every day. Keep shining brightly and inspiring others with your amazing efforts. We're so proud of you!

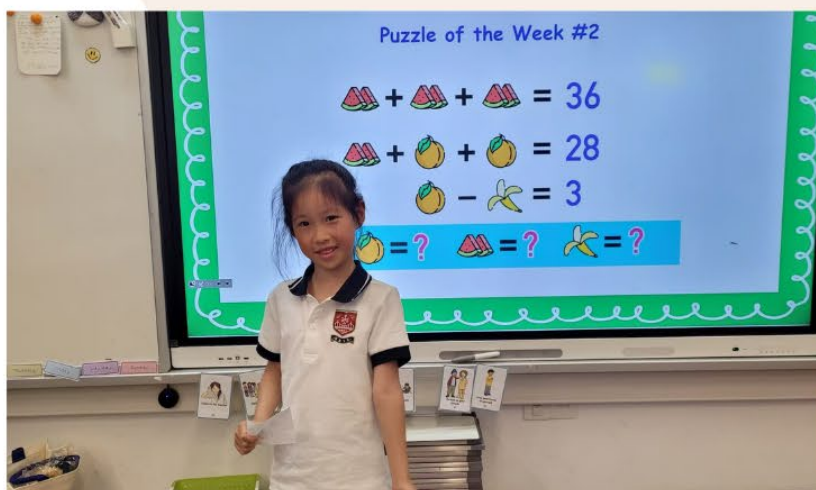
Celebrating Maths Week: Curiosity, Creativity, and Community!

Ms Ivy Liu

Last week, our school embraced the joy of mathematics during Maths Week! Though the celebrations were quieter than usual due to our 20th-anniversary festivities, the spirit of learning and fun shone brightly. Let's look back at the highlights!

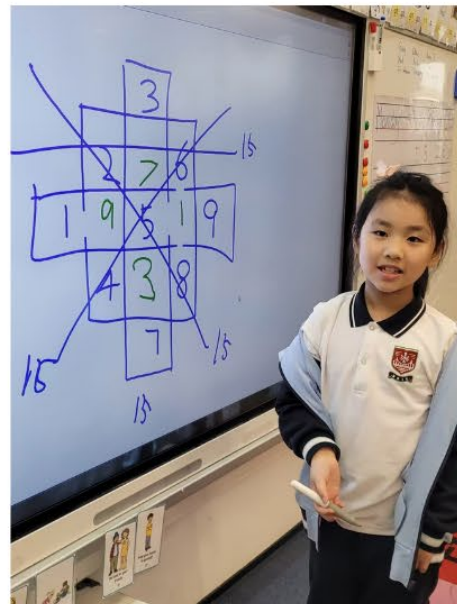
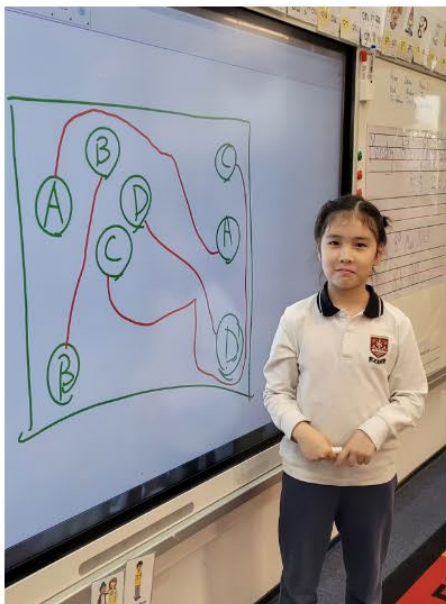
20th Anniversary Badge Design Challenge

Nearly 160 primary students put their creative minds to work designing anniversary badges! From numbers and shapes to symmetry, their thoughtful designs beautifully decorated our hallways.



Puzzling Start to the Day

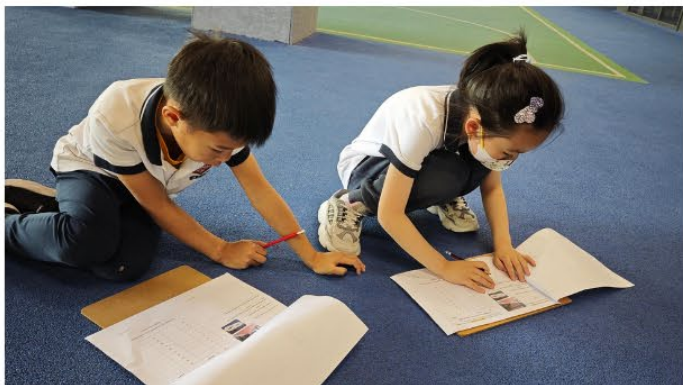
Each class kicked off mornings with grade-specific math puzzles. These brain-teasers covered a range of topics, challenging students to think critically and strengthen their problem-solving skills.





Maths Trail Adventures

Our primary students transformed into "number detectives" during the outdoor Maths Trail! Hunting for hidden clue cards across campus, they raced to solve maths problems while exploring the school grounds. Energy, teamwork, and laughter filled the air!



Staircase of Knowledge

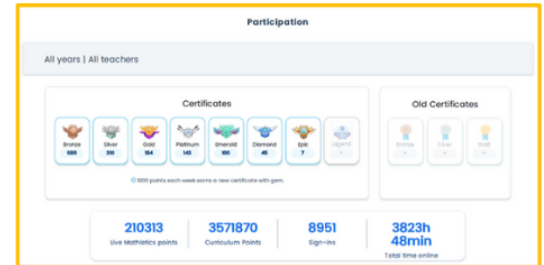
Building on the past two years, we've added new math-themed decorations to our third-floor staircases! Daily walks now double as mini-lessons, helping students absorb concepts like fractions, geometry, and mathematical vocabulary.



Mathletics Sprint Week

This week also marked the finale of our year-long Mathletics challenge. Take a look at our students' incredible achievements:

- Certificates Earned: 1,477
- Logins: 8,950
- Live Mathletics Points: 210,313
- Curriculum Points: 3,569,720
- Total Time Online: 3,821 hours 41 minutes



Top Mathletes of the Year

A huge congratulations to our Top 10 Mathletics superstars! Your dedication and enthusiasm are inspiring.

Class Champions

This year's class competition was fiercer than ever! With razor-thin margins, teamwork made the difference. Let's cheer for our "Most Determined Classes":

LP Winner: Year 3A

UP Winner: Year 5B



Congratulations on your achievements! Let's continue to explore, question, and create in the world of mathematics!

Looking Ahead

Mathematics isn't just about numbers—it's a language of logic, creativity, and endless possibility. We're proud of every student, teacher, and family who contributed to this vibrant week. As we reflect on this year's successes, we're excited to build an even brighter future for math learning at NBIS.

Your Voice Matters!

Have feedback or ideas for next year's Maths Week? We'd love to hear from you! Email ivy.liu@nbis.net.cn to share your thoughts.

Let's keep the math magic alive!

Ms Ivy Liu
Primary Maths Lead

PRIMARY WRITING COMPETITION

MS Chenxin YU



UP Winners:

1st place - Molly Ding
2nd place - Kiros Bian
3rd place - Beatrice Zhang



LP Winners:

1st place - Josephine Xu
2nd place - Carina Shi
3rd place - Kylie Jiang

Our recent Primary Writing Competition, themed “Time Traveller’s Guest – A Day with a Legend”, has officially ended—and what an adventure it has been! From exploring the mysteries of the universe with Albert Einstein, composing symphonies alongside Mozart, painting under starlit skies with Van Gogh, to escaping illusions with Harry Houdini, our students took us on unforgettable journeys through time.

Participation across all year levels was fantastic, with students showing incredible creativity, imagination, and storytelling skills. Each story was a unique window into the minds of our young writers, who embraced the challenge with enthusiasm and flair. Whether they met historical icons or brought legends to life in new and unexpected ways, our students truly showcased the power of imagination.

The judging panel was blown away by the vivid descriptions, thoughtful character development, and the wonderful ways students explored the theme. It was clear that our learners put their hearts into crafting their pieces, and we couldn’t be prouder of the effort and talent on display.



Art of the Week

Ms Qian

This term, our talented students have been exploring different artistic techniques, producing stunning collaborative artworks.

In Year 2, the children learned how to create three-dimensional houses using wax crayons and watercolours. They experimented with shading and blending to give their houses depth and texture. Once their individual houses were complete, they used collage techniques to assemble them into a charming miniature village, showcasing their creativity and teamwork.



Meanwhile, Year 7 took on a more ambitious project—a collective reinterpretation of Vincent van Gogh’s famous painting, *The Café Terrace at Night*. Each student worked on a 15×15 cm canvas, using wax crayons to recreate a small section of the masterpiece in vibrant colours. When all the pieces were combined, the result was a striking large-scale reproduction, demonstrating how individual contributions can come together to form something truly spectacular.

Both projects highlight the importance of collaboration, technique, and artistic expression. Well done to all our young artists!



NBIS Biology Teacher and University Adviser Mr Jason Jeffries Invited to Speak at BNBU TED Talk, Sharing Insights on Navigating Adolescence in China

Recently, Beijing Normal-Hong Kong Baptist University (BNBU) hosted a high-profile TED Talk event. Mr Jason Jeffries, University Adviser at NBIS and an experienced secondary teacher, was invited to deliver a speech titled "Charting the Course: Navigating Adolescence in China", offering an in-depth exploration of adolescent development in the Chinese context.



A Professional Perspective: Decoding the Challenges of Chinese Adolescents

With years of experience in university counselling at NBIS, Mr Jeffries has helped advise numerous students in choosing their path. In his TED Talk, he outlined the complex challenges that Chinese teenagers face during adolescence, drawing from his extensive experience interacting with students as they develop academically and personally.



He highlighted the challenges that adolescents often face and the conflicts that often exist between adults and teenagers as they fail to live up to unrealistic expectations. Mr Jeffries also discussed how vital it is that teenagers be allowed to take ownership of their own lives and the importance of supporting them in making their own decisions about their futures and becoming independent. These factors have a great impact on a student's motivation towards their studies as well as their life satisfaction.

The Mission of Education: To Guide and Support, Not Control

At the close of his speech, Jason shared heartfelt insights on the role of educators and parents:

“We shouldn’t make every decision for our children or shield them from all challenges. Instead, we must allow them to stumble, make mistakes, and learn from those experiences. Let them struggle, become independent, and discover who they are—what they enjoy, what they dislike, where they shine, and where they don’t. Even if their journey doesn't align with our expectations, we should embrace their individuality and support them with guidance and trust.”

He concluded, “Our role is to be mentors and friends—there to guide them, pick them up when they fall, and help them grow not just academically, but as unique individuals.”



This TED Talk showcased NBIS's strong commitment to holistic, student-centred development. At NBIS, we firmly believe that in an environment that values personal growth and individuality, every student can discover their own path and walk it with confidence and purpose.



BioArtAttack



2D 2025

Combining art with science

Draw, paint or sketch your favourite animal, plant or fungi

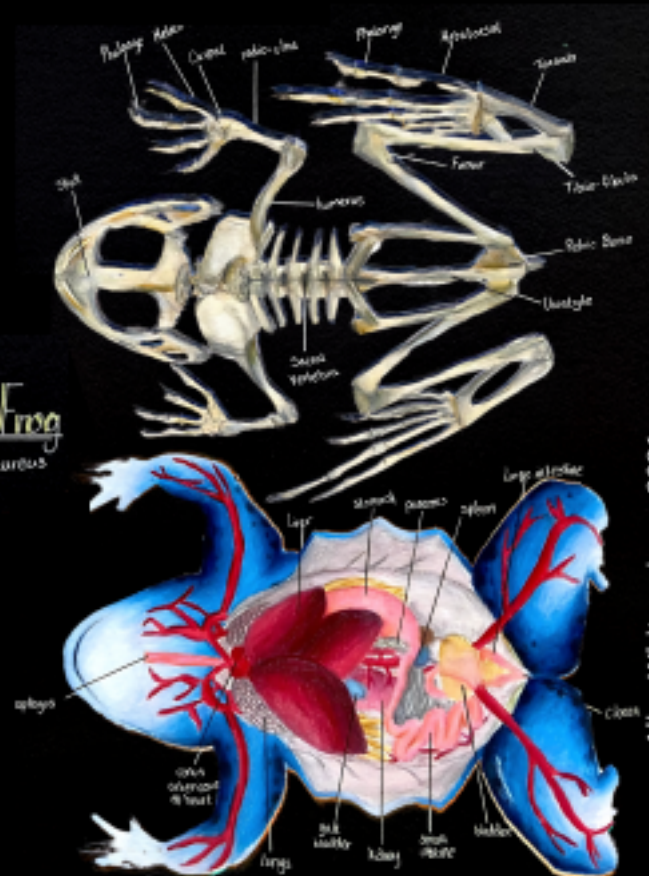
www.rsb.org.uk/nancy-rothwell-award

@RoyalSocBio

Closes 3 July 2025



Blue Poison Dart Frog
Dendrobates Trichoceros Aureus
class: Amphibia



Alice White, winner 2021

Royal Society of
Biology

RVC Royal
Veterinary
College
University of London

Competition winners will be invited to an experience day event run by the Royal Veterinary College.



Ningbo British
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Photography Competition 2025

Open to entries from all amateur
photographers on the theme of:
Restoring biodiversity and habitat

Closes 19 June 2025

@royalsocbio
www.rsb.org.uk/photocomp

Royal Society of
Biology



Photo by Putu Sudiartha





NBIS Weekly Menu



Sample Dishes



NBIS Weekly Menu

The Week of May 26th to 29th, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	Dongpo Pork	Sweet and Sour Pork	Garlic Ribs	Roast Chicken	
	东坡肉	菠萝咕咾肉	蒜香仔排	烤鸡	
	Popcorn Chicken	Orleans Wings	Celery with Shrimp	Five-Spice Beef	
	鸡米花	奥尔良烤翅	西芹炒虾仁	五香牛肉	
	Braised Pork with Potatoes	Salt-Baked Chicken	Grilled Sole	Shrimp Cake	
	土豆烧肉	盐焗鸡	烤龙利鱼	虾饼	
	Baby Bok Choy with Vermicelli	Cheesy Potatoes	Hand-Torn Cabbage	Bell Pepper with Potato Shreds	
	粉丝娃娃菜	芝士土豆	手撕包菜	彩椒土豆丝	
	Boiled Corn	Creamy Mushroom Pasta	Yangchun Noodles	Steamed Dumplings	
	水煮玉米棒	奶油蘑菇意面	阳春面	蒸饺	
	Broccoli	Cauliflower	Broccoli	Cauliflower	
	西兰花	花菜	西兰花	花菜	
	Home-Style Tofu	Spicy Bean Sprouts	Baked Sweet Potato	Bubble Tea	
	家烧豆腐	酸辣绿豆芽	烤地瓜	珍珠奶茶	
	Jam Bread	Egg Tart	Croissant	Chicken Caesar Wrap	
	果酱面包	蛋挞	牛角包	凯撒鸡肉卷	
	Stir-Fried Pork	Boiled Spicy Pork	Pickled Cabbage with Pork	Steamed Clams with Egg	
	小炒肉	水煮肉片	酸菜肉片	蛤蜊蒸蛋	
	Braised Shrimp	Boiled Shrimp with Salt	Fried River Shrimp	Garlic Shrimp with Vermicelli	
	红烧虾	盐水虾	油爆河虾	蒜蓉粉丝虾	
	Pepper-Salt Fish	Scallion Oil Pomfret	Yellow Croaker with Preserved Vegetables	Pan-Fried Beltfish	
	椒盐玉兔鱼	葱油鲳鱼	雪菜小黄鱼	香煎带鱼	
	Bamboo Shoot and Duck Soup	Mushroom and Black Chicken Soup	Clam and Luffa Soup	Potato and Rib Soup	
	笋干老鸭汤	乌鸡香菇汤	蛤蜊丝瓜汤	土豆排骨汤	
	Fruit	Fruit	Fruit	Fruit	
	水果	水果	水果	水果	
Snack Menu	Shredded Potato Pancake	Red Bean Bun	Boiled Egg	Custard Bun	
	土豆丝饼	豆沙包	水煮蛋	奶黄包	
	Orange	Tangerine	Apple	Longan	
	橙子	沃柑	苹果	桂圆	
	Bear Cookies	Meat Floss Cake	Cranberry Cookies	Bread	
	小熊饼干	肉松蛋糕	蔓越莓饼干	小餐包	





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Jul 2025						
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2024-25 Semester 1 (School Days-90 Days)

26/08/2024 Semester 1 Begins, 14/02/2025 Semester 1 Ends

Holidays in Semester 1

- 14/09/2024 to 17/09/2024 Mid-Autumn Festival
- 28/09/2024 to 07/10/2024 Chinese National Holiday
- 22/11/2025 PD Day
- 18/12/2024 to 05/01/2025 Winter Holiday
- 22/01/2025 to 09/02/2025 Spring Festival Holiday

2024-25 Semester 2 (School Days-90 Days)

17/02/2025 Semester 2 Begins, 01/07/2025 Semester 2 Ends

Holidays in Semester 2

- 04/04/2025 to 06/04/2025 Qingming Holiday
- 28/04/2025 to 04/05/2025 Labour Day Holiday
- 30/05/2025 to 01/06/2025 Dragon Boat Holiday





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Sep 2025						
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Oct 2025						
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Nov 2025						
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Dec 2025						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Jan 2026						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Feb 2026						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Mar 2026						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Apr 2026						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2026						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Jun 2026						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Jul 2026						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

2025-26 Semester 1 (School Days-90 Days) **01/09/2025 Semester 1 Begins, 30/01/2026 Semester 1 Ends**

Holidays in Semester 1

- 01/10/2025 to 08/10/2025 Chinese National/Mid-Autumn Holiday
- 21/11/2025 PD Day
- 17/12/2025 to 04/01/2026 Winter Holiday

2025-26 Semester 2 (School Days-90 Days) **02/02/2026 Semester 2 Begins, 03/07/2026 Semester 2 Ends**

Holidays in Semester 2

- 09/02/2026 to 01/03/2026 Spring Festival Holiday
- 04/04/2026 to 06/04/2026 Qingming Holiday
- 01/05/2026 to 05/05/2026 Labour Day Holiday
- 19/06/2026 to 21/06/2026 Dragon Boat Holiday





Ningbo British International School 浙江宁波英伦外籍人员子女学校

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