

NINGBO BRITISH INTERNATIONAL SCHOOL

NEWSLETTER #21

23RD FEBRUARY 2024



UNITY
DIVERSITY
EXCELLENCE



Dates to Remember

- Monday 26th February – SAC Meeting
- Friday 1st March – Secondary Readathon
- Saturday 2nd March – NBIS VS ADCOTE Sports Exhibition
- Monday 4th March – Semester 2 Start of ECAs
- Thursday 7th March – NBIS Admissions Information Day



Ningbo British
International School
浙江宁波英伦
外籍人员子女学校



*Scan QR code
to register*

NBIS Admissions Information DAY 2024

Thursday, March 7th



nbis.admin@nbis.net.cn



0086-574-87611005 / 83888071



www.nbis.net.cn



 CAMBRIDGE
International Education
Cambridge International School

Unity - Diversity - Excellence



Ningbo British
International School

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We are pleased to announce that NBIS achieved and passed the recognition of 5A Safe Campus, and officially became a 5A Safe Campus in Ningbo which is the top standard in the evaluation.

Thank you to all students, parents, staff, and logistics team members for their invaluable support in promoting school safety education. Ensuring campus safety is a crucial matter that concerns every student, and making sure our students are safe and happy is always our main goal at NBIS.

2023年宁波市平安校园

A A A A A

宁波市委平安办
宁波市教育局
宁波市公安局

A Fresh Start: Welcome Back to School



Dear Students, Parents, and Staff,

I hope this message finds you all in good spirits as we return to school after the festive break of the Chinese New Year. The Year of the Dragon has dawned upon us, symbolising strength, prosperity, and good fortune. As we step into this auspicious year, I extend my warmest wishes to our school community for a year filled with growth and success.

I encourage each and every one of you to approach this new term with a mindset of prosperity, hard work, and diligence. Let us set our sights high, aiming for excellence in all that we do. The start of this new year presents an opportunity for us to set new goals, challenge ourselves, and strive for greatness.

Attendance is key to success, and I urge all students to prioritise their education by attending classes regularly and being fully engaged in their learning. Hard work and dedication are the foundations upon which we build our achievements, and I have no doubt that with your commitment, we will reach new heights together.

Research has consistently shown a strong correlation between school attendance and academic achievement. Students who attend school regularly are more likely to succeed academically and achieve higher grades compared to those with poor attendance records.

Regular attendance is crucial for students to fully engage in the learning process, participate in classroom activities, and benefit from teacher instruction. It provides students with the opportunity to build a strong foundation of knowledge, develop essential skills, and stay on track with their academic progress. Consistent attendance also helps students establish good study habits, maintain a routine, and develop a sense of responsibility toward their education.





By being present in school, students have the chance to interact with their peers, collaborate on projects, and receive support from teachers when needed.

Let us embrace the spirit of the Year of the Dragon, embodying its qualities of resilience, determination, and ambition. Together, let us aim high, set our goals with purpose, and work diligently towards realising our aspirations.

I look forward to a semester filled with progress, achievements, and moments of pride for our school community.

Wishing you all a successful and fulfilling year ahead.

Warm regards,

Ms Nancy Eldars
International Principal
Ningbo British International School



**Unity
Diversity
Excellence**



WELCOME BACK!



Class Time



FUN



LEARN AS YOU GROW

Lunch Time & Break Time



Enjoy





CONGRATULATIONS

Chloe Erin Chng

Class of 2024



for receiving the offer to study Science at the University of Hong Kong and Science at the Hong Kong University of Science and Technology.



CONGRATULATIONS

Ho Rhee (Hoya)

Class of 2024



for receiving the offer to study Arts at the University of Melbourne and Media and Communication at Monash University.



CONGRATULATIONS

Nancy Wu

Class of 2024



for receiving the offer to study Commerce at the University of New South Wales and Business at Drew University.





CONGRATULATIONS

Nikolaj Højmark Parsberg Therkildsen
Class of 2024



for receiving the offer to study Business (Sports Management) at the International College of Management, Sydney.



CONGRATULATIONS

Sikata Anilkumar Gehani
Class of 2024



for receiving the offer to study Business Management and Marketing at London Metropolitan University.



NBIS VS ADCOTE

SPORTS EXHIBITION

NBIS community, come and support our NBIS teams in a thrilling Sports Exhibition vs Adcote School from Suzhou. Our students are ready and they will give their best in every game, will you do the same and will you cheer them on from the sidelines?

Tournament Highlights

Volleyball • Basketball • Badminton • Football

**MARCH 2ND, FROM 10:30 AM
TO 4:30 PM AT NBIS SCHOOL**

**WINNING SCHOOL IN EACH
SPORT GETS A TROPHY**



**SCAN THE FOLLOWING QR CODE IF
YOU WANT TO ATTEND AS SPECTATOR**





NBIS Weekly Menu



Sample Dishes



February 26 – March 1



Ningbo British
International School
浙江宁波英伦
外籍人员子女学校

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| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|-----------------------------------|-----------------------------|-----------------------------------------|-------------------------|-------------------------------|
| Lunch Menu | Crispy Chicken Cutlet | Braised Chicken Legs | Salty fried chicken | Chicken with bread | Rib |
| | 卡兹脆鸡排 | 红烧鸡腿 | 盐酥鸡 | 面包糠鸡腿 | 避风塘排骨 |
| | Quail Eggs with Tiger Skin Pepper | Basa fish | Stewed beef vermicelli | Barbecued pork | Braised meatball |
| | 虎皮鹌鹑蛋 | 葱油巴沙鱼 | 粉条牛肉 | 广式叉烧肉 | 红烧肉丸 |
| | Rib with ginger juice | Steamed Pork Mince with egg | Roast chicken | Roast duck | Chicken chop |
| | 姜汁仔排 | 肉饼蒸蛋 | 烤鸡 | 烤鸭 | 香煎鸡排 |
| | Cabbage | Potato | Cabbage | Tofu with onion | French bread |
| | 花菜 | 孜然土豆 | 花菜 | 洋葱千叶豆腐 | 法国面包 |
| | Pasta with beef | Pasta with cream | Minestrone with vegetable | Spaghetti meat sauce | Cauliflower |
| | 牛肉末通心粉 | 奶油意面 | 素菜螺丝通心粉 | 肉酱意大利面 | 有机花菜 |
| | Roast sweet potato | Broccoli | Roast potato | Vegetable | Steamed purple potato |
| | 烤地瓜 | 西兰花 | 烤土豆 | 烤蔬菜 | 紫薯 |
| | Egg tart | Tapioca pudding | French bread | Cabbage | Needle mushroom |
| | 蛋挞 | 西米露 | 法国面包 | 大白菜 | 葱油金针菇 |
| | Fruit | Fruit | Fruit | Fruit | Fruit |
| | 水果 | 水果 | 水果 | 水果 | 水果 |
| | Poached Shrimp | Croissant | Cold noodle with cucumber | Hamburger | Cabbage |
| | 盐水虾 | 牛角包 | 青瓜凉皮 | 汉堡 | 炒包菜 |
| | Fungus fired yam | Fried slice streaky pork | Salt and Pepper Shrimp | Braised Fish slice | Poached Shrimp |
| | 木耳山药 | 小炒肉 | 椒盐虾 | 红烧鱼块 | 盐水虾 |
| | Poached pork slices | Jerk filefish | Sichuan-style beef with duck blood curd | Pork slices | Pork with Chopped Bell Pepper |
| | 水煮肉片 | 咸菜橡皮鱼 | 毛血旺 | 酸菜肉片 | 泡椒肉片 |
| | Fish | Shrimp with Soy Sauce | Little yellow croaker | River shrimp with sauce | Ribbonfish |
| | 清蒸玉兔鱼 | 红烧虾 | 葱油小黄鱼 | 酱爆河虾 | 椒盐带鱼 |
| | Tomato soup with egg | Red dates yingerh cod soup | Tofu and cabbage soup | Seaweed soup | Tomato soup with egg |
| | 西红柿蛋汤 | 红枣银耳汤 | 大白菜豆腐汤 | 紫菜汤 | 西红柿蛋汤 |
| | Rice | Rice | Rice | Rice | Rice |
| | 米饭 | 米饭 | 米饭 | 米饭 | 米饭 |
| | Vegetable | Vegetable | Vegetable | Vegetable | Vegetable |
| | 蔬菜拼盘 | 蔬菜拼盘 | 蔬菜拼盘 | 蔬菜拼盘 | 蔬菜拼盘 |
| Snack Menu | Longan | Banana | Orange | Banana | Orange |
| | 桂圆 | 香蕉 | 沃柑 | 香蕉 | 橙子 |
| | Steamed meat dumpling | Cherry tomato | Dumpling | Egg | Potato strips cake |
| | 肉包 | 小番茄 | 蒸饺 | 鸡蛋 | 土豆丝饼 |
| | Apple | Omelette | Pear | Orange | Apple |
| | 苹果 | 鸡蛋饼 | 雪梨 | 桔子 | 苹果 |
| | Red bean bread | French bread | Cake | Croissant | Bread with jam |
| | 红豆餐包 | 法国面包 | 蛋糕 | 牛角包 | 土司面包+果酱 |



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