



Ningbo British
International
School

2021-2022
2022-6-10

NBIS WEEKLY
NEWSLETTER 36



Cambridge Assessment
International Education

Cambridge International School



Address: No. 365 Guanghua Road, National Hi-Tech Zone, Ningbo 315000

Website: www.nbis.net.cn

Tel: 86 574 87611005

Email: nbis.admin@nbis.net.cn

Fax: 86 574 87611136

Dates to Remember

- June 22-23 Year 6 Transition Day
- June 24 Reception + Year 1-5 Transition Day
- July 1 Graduation

NBIS Students Excel in Maths!

Congratulations to the NBIS students who won National awards in the 2022 Math Kangaroo competition. We are very proud of you. At NBIS we strive for excellence!!!

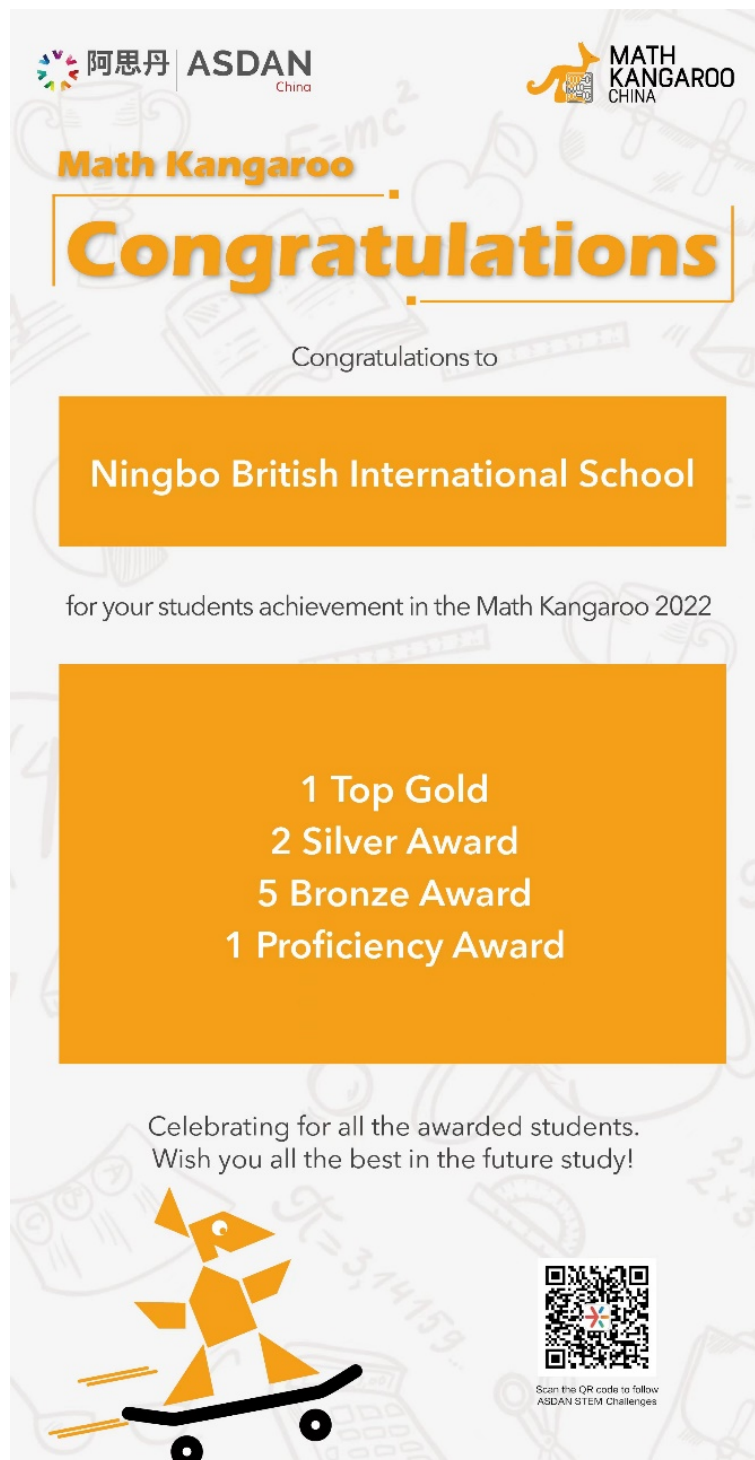
Takuma Yokoi (Year 8)	Competition Level 4 – Top Gold (Highest National Award)
Tianqi Lin (Year 8)	Competition Level 4 – Silver
Jianuo Zhu (Year 11)	Competition Level 5 – Silver
Yi – Han Liu (Year 7)	Competition Level 3 – Bronze
Qihao Xu (Year 8)	Competition Level 3 – Bronze
Keane Wong (Year 8)	Competition Level 3 – Bronze
Felicia Wong (Year 11)	Competition Level 5 – Bronze
Yiwei Wang (Year 12)	Competition Level 6 – Bronze
Grace Hu (Year 7)	Competition Level 3 – Proficiency Award



2021-2022

NBIS WEEKLY NEWSLETTER

ASDAN China was founded in September 2011, and currently co-operates with 831 international schools and key schools in 57 cities. Up till 2020, more than 96,000 students participated in ASDAN China programs. **Top gold national award is top 3% of all the participants in China.**



Ningbo British
International
School

A COMMUNITY OF LEARNERS

More University Offers

The future is bright for our graduating students!



Pre-school

The graphic is a vibrant, summer-themed newsletter for preschool children. It features a yellow and white striped background with a blue wavy border. Decorative elements include a pair of red sunglasses, a bright yellow sun, a colorful beach ball, a blue sun cream bottle labeled '25 SUN CREAM', a pink and green striped ice cream cone, a red cocktail glass with a straw, and two palm trees. The central text, 'Preschool', is in a large, bold, black font. Below it, a paragraph describes the 'Summer and Plants' theme, mentioning activities like growing beans, making tomato crafts, and hand-print sunflowers. The text also notes that the end of May marks the beginning of summer and that children enjoyed making ice cream with ultra-light clay. Nine small, rounded rectangular photos show children engaged in these activities: two children working with beans, two children with a bean sprout tray, a child with a white sheet, a child with tomato slices, two children with a sunflower craft, a child with red pom-poms, a child with a blue sheet, a child with a pink sheet, and a child with a yellow sheet.

Preschool

Preschool children have been engaged in the theme "Summer and Plants" over the past month. We discussed about the life cycle of the plants and cultivated beans by taking care of them every day. Children also got involved in making tomato crafts and hand-print sunflowers. The end of May is also the beginning of the Summer, we simply talked about the weather in Summer. It's usually very hot with a burning sun in the sky. Most of the children mentioned they love ice creams in Summer and we tried to make the yummy ice creams with ultra-light clay.



Y5A Lung Capacity

What's the normal lung capacity for men and women? Do children have a different lung capacity to adults? How can we test lung capacity? Have you ever tested your own lung capacity?

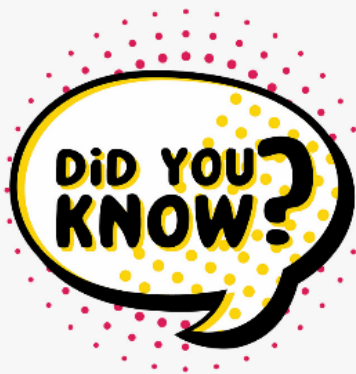


In our latest measurement unit, 5A have been exploring lung capacity and carried out an experiment to work out their own lung capacity.



2021-2022

NBIS WEEKLY NEWSLETTER



- Men usually have a greater lung capacity than women
- Most of us do not use our full lung capacity.
- Lung capacity predicts health and longevity.
- Our lung capacity naturally declines with age.
- We can improve our lung capacity with more exercise.
- Did you know all of these facts about lung capacity?



Ningbo British
International
School

A COMMUNITY OF LEARNERS

2021-2022

NBIS WEEKLY NEWSLETTER



Hoo...Hooo...

Hoooodies are
BACK!!!



Ningbo British
International
School

Order your very own NBIS winter hoooodie.

Hoodie will arrive at the beginning of the school year 2022/2023 before the cold weather arrives. Current Y6 students and older can order. Please be aware those hoodies are for secondary students and teachers only.

Scan the QR code attached and order now.



<https://ding.tomatoform.com/f/ss3rby98>



If you have any questions regarding NBIS Hoodie, please feel free to contact Dwayne at Dwayne.Xie@nbis.net.cn



Ningbo British
International
School

A COMMUNITY OF LEARNERS

NBIS Food Services

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	鸡米花	烤翅中	炸鸡排	五香牛肉	炸鱼排
	Popcorn chicken	Roast chicken wing	Crispy chicken chop	Beef	Fried fish chop
	红烧仔排	咖喱鸡	香菇肉片	手撕鸡	油豆腐烧肉
	Braised rib	Curry chicken	Fried mushroom with meat	Shredded chicken	Tofu with pork
	蚝油面结	红烧肉	芝麻鹌鹑蛋	椒盐里脊	烤鸡腿
	Carp in brown knots	Braised pork	Quail egg	Salt and pepper with pork	Toast chicken leg
	烤土豆	茉莉花米	有机花菜	西兰花	有机花菜
	Roast potato	Cumin rice	Cauliflower	Broccoli	Cauliflower
	有机花菜	西兰花	意大利面	椒盐土豆	薯条
	Cauliflower	Broccoli	Pasta	Potato	French fries
	芝士烤吐司	法式面包	蛋挞	蔬菜卷	牛角包
	Toast with cheese	French bread	Egg tart	Vegetable roll	Croissant
	黄焖茄子	炒包菜	洋葱土豆片	葱油豆腐	炒青菜
	Eggplant	Cabbage	Potato	Tofu	Vegetable
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	万年青汤	大白菜豆腐汤	西红柿蛋汤	海带汤	紫菜蛋汤
	Vegetable soup	Tofu and cabbage soup	Tomato soup with egg	Kelp soup	Seaweed soup with egg
	米饭	米饭	米饭	米饭	米饭
	Rice	Rice	Rice	Rice	Rice
Snack Menu	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘
	Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	鸡蛋	烧卖	烧卖	烧卖	烧卖
	Egg	Shao-mai	Shao-mai	Shao-mai	Shao-mai
	包子	牛角包	牛角包	牛角包	牛角包
	Steamed Bun	Croissant	Croissant	Croissant	Croissant
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit