

NBIS Weekly Newsletter 3

UNITY DIVERSITY EXCELLENCE



Cambridge International School

Dates to Remember

- September 20: Primary Curriculum Evening
- September 21: Early Years Curriculum Evening
- September 22: Lower Secondary (Y7-9) Curriculum Evening
- September 24: NBIS Bicycle Day & PTA Welcome Picnic
- September 26: SAC Annual General Meeting
- September 29: Upper Secondary (Y10-13) Curriculum Evening





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NBIS PAKISTAN FLOOD RELIEF APPEAL

Thank you all so much for your generous donations!

I am delighted to inform you that our appeal has raised

35,000 RMB

to assist in the flood relief operations continuing in Pakistan.

This represents a tremendous effort by our community and demonstrates our readiness to take action to help others.

I know of one young student who came to school with just a few yuan but informed his teacher that he had done household chores for his mother to raise the money. Another student donated his birthday money to the fund. Great examples of kindness from our students.

The NBIS donation will be sent to UNESCO and designated specifically to Pakistan Flood Relief.





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TYPHOON 'PLUM BLOSSOM' PASSES BY



While there has been localised flooding, roads strewn with debris, broken branches or fallen trees, and some damage has been done to buildings, Ningbo has escaped the worst of the storm and as far as I know, there have been no serious casualties. For that, we are grateful.

But what an unusual start we have had to School Year 2022-23!

Closing school never gives us any pleasure. I also understand that it is inconvenient and challenging for busy parents whose places of work are not closed. Most students, too, would prefer to be in school learning with their friends.

I hope we can all agree, though, that we must put safety first. And with that in mind, we adhere to the directives of the Ningbo Education Bureau to whom we are legally accountable.

Teachers have been active in sending students the instructions and guidance that they need to complete age-appropriate and meaningful learning tasks and activities at home. And students must present evidence of their work on return to school tomorrow.

Friday will be a regular school day.

To help compensate for lost class time, we will open school on Saturday 0830-1530, operating a normal school day. Buses will run according to the regular schedule. I understand that some families will have made plans for the weekend. However, I would encourage as many students as possible to attend to make this a productive time of learning for all.

I'm sure we all look forward to more settled weeks ahead.

Thank you for your understanding and cooperation.

Philip R Billing Principal



SAC ANNUAL GENERAL MEETING RESCHEDULED TO MONDAY 26TH SEPTEMBER

Please note the new date for our Annual General Meeting. All parents are warmly invited to attend this evening:

- ~ 19:00 Welcome with light refreshments
- Annual Report presented by Neta Ronen and Julia Hoferichter, Chair and Co-Chair of SAC – with Q+A
- Introduction of Nominees Those who have submitted nominations will introduce themselves and state their reasons for wishing to become a member of the School Advisory Committee.



- \sim 7 seats are available this year. So far, 3 nominations have been received.
- ~ If the number of nominees exceeds 7, the principal will conduct the election procedure. Election is by secret ballot.
- ~ If the number of nominees is 7 or less, those nominees are appointed by default (provided that constitutional limitations are followed).
- Please note that at the AGM a <u>maximum</u> of 2 candidates from the same country may be elected. And on SAC itself, a maximum of 3 candidates from the same country may serve at any one time. This is a constitutional requirement to encourage a wide representation from our diverse community.

Don't let the details scare you! If you are really interested in serving the school, in helping us develop, in providing a valuable channel of communication between school and parents, and if you have the time to commit to at least 1 meeting every 6 weeks, then ... give it your best shot!

Please consider sending your nomination! It's healthy – and more fun – to present our community with choices and an opportunity to vote!

Scan the QR Code below to submit your application.



https://ding.tomatoform.com/f/c86t8wlj

School Advisory Committee 2021-22

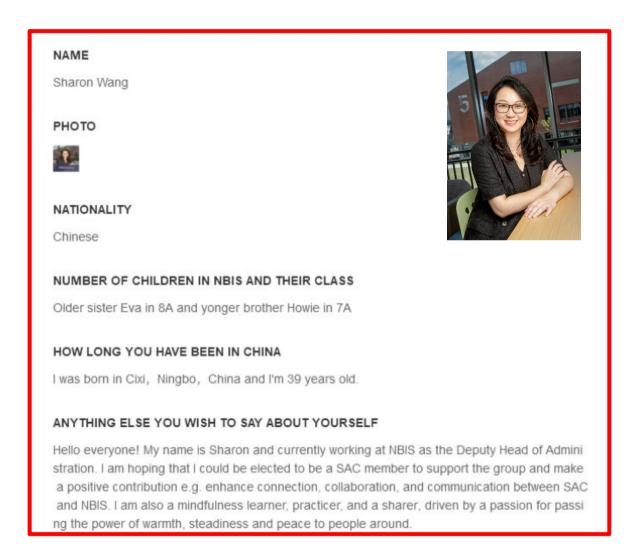


SCHOOL ADVISORY COMMITTEE NOMINEES

Thanks to these three parents who have been bold and brave enough to present their nomination for election to SAC.

We'd love to receive more nominations to ensure that we have a broad representation from our diverse community.

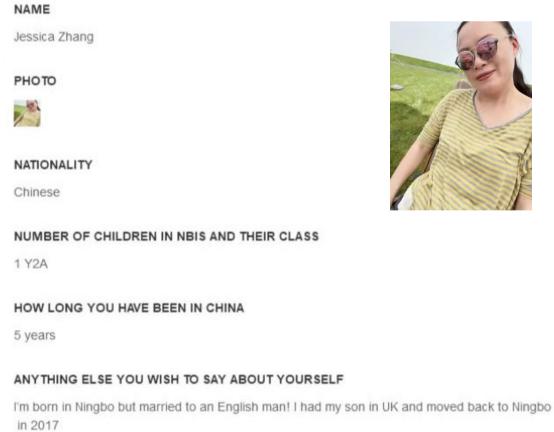
Just scan the QR Code to submit your application by September 19th ... and we'll do the rest!





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EARLY YEARS SECTION

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Preschool

Hi, there! It's a great start for all the Preschool children! The children had been settled well through recent three weeks. They were encouraged to take part in a range of fun activities to support them settling into the new environment. They began to enjoy singing, dancing, artwork making, indoor and outdoor play, sensory play, constructions building and role play, etc. Some of the children started to build relationships with other children, as well as three teachers. Please enjoy your new school life to the fullest!





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PRIMARY SECTION



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You are invited to our rescheduled

Primary School Year 1-6 Curriculum Evening

When: Tuesday 20th September 2022

Schedule:

- 5:00-5:15pm (optional) meet with Chinese lesson teacher in their room.
- 5:30-6:10pm -meet the classroom teachers in their rooms in Building 3.
 - Y1 & Y2 2nd Floor; Y3, Y4 & Y5 -3rd Floor; Y6 -4th Floor
 - 6:15pm Teacher only feedback meeting in IT Lab.

This evening is for parents to meet teachers, find out about R R expectations and routines as well as an overview of the curriculum for the year. It isn't a time to discuss individual children but you can book an appointment with your child's teacher for another day if required. We will be happy to discuss the progress of your child at that time.

As this is an information evening for parents, it is requested that your children do not attend.

We hope you can join us!



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Unity - Diversity - Excellence

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Congratulations to several former NBIS and A-Level Biology students from the Classes of 2018 & 2019 who graduated from university this summer.

Tabitha Irawan

Tabitha studied Biology, Chemistry and Mathematics at A-Level, where she achieved A*A*A. She attended the Université *Grenoble* Alpes in France, where she studied and attained a bachelor's degree in Biology & Chemistry. She will now pursue a master's degree in Life Sciences and Health with a specialisation in Biotherapies at the University of Paris-Saclay. Her sister, Tatianna Irawan, who graduated from NBIS this year, will follow in her footsteps and pursue a degree in Biological Sciences from Nagoya University in Japan after obtaining an excellent set of A-Level results – A*AAA in Biology, Chemistry, Physics and Mathematics. Their brother Yonathan, who graduated from NBIS in 2019, is pursuing his master's degree in Engineering Science at KU Leuven in Belgium.





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Hyunbeen (Becky) Lee



Becky studied Biology, Mathematics and Psychology at A-Level, achieving an A in her A-Level Biology exam. She attended The University of Nottingham Ningbo China (UNNC), where she studied and attained a bachelor's degree in International Business with Communication Studies. She plans to obtain a work visa for Australia and spend the year travelling and working in various cities there.



Charity Teh

Charity studied Biology, Chemistry, and Mathematics at A-Level, achieving A*AA. After graduating from NBIS in 2018, she took a gap year before attending King's College London, where she pursued and attained a Bachelor of Science (Honours) in Biomedical Science. She will now study towards a master's degree in Experimental and Translational Immunology from University College London (UCL).



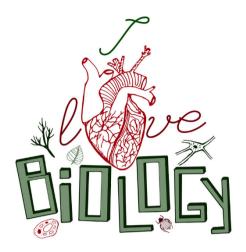




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A message from Charity:

I initially chose to study a biology-related degree as I was interested in the intricately designed biological systems within nature -- but my time at King's has also helped me gain an appreciation for how that knowledge is translated into novel therapeutic applications that can benefit real people. Notably, joining the KCL iGEM 2021 team and helping develop a proposed solution for treating spinal cord injury using synthetic biology has sparked my interest in this more translational aspect of the biosciences. I especially enjoyed being able to do my dissertation project (on the immune environment in kidney transplant



recipients) under the guidance of a real research lab at Guy's Hospital, even working in the same office alongside other researchers passionate about their work! For anyone considering the BSc in Biomedical Science at King's, I would highly recommend it for its flexible nature, giving a taste of the main topics in Year One, then allowing students to take the more specialised modules they are interested in -- ranging anywhere from anatomy, genetics to even forensic science!

This September, I'll be starting a master's degree in Experimental and Translational Immunology at University College London, which will further my understanding of how we can target immune-related mechanisms to design better therapies for patients. I also hope to undertake a Ph.D., and strengthen my foundations for a lifelong career in biomedical research!

In addition to the students mentioned above, several former passionate NBIS biology students are currently enrolled in biology-related programmes at university including:

Anastasia Montoya (NBIS student from 2007 to 2019) – studying Forensic Science at Queen Mary University of London.

Phatthasaya (Patty) Ajarabun (NBIS student from 2009 to 2018) – studying Applied Medical Sciences at University College London.

Heon Cho (NBIS student from 2014 to 2017) – studying Biotechnology at Yonsei University in Korea.

We also have several current Year 12 & 13 students who are interested in and will be applying to university to study biomedical sciences, neuroscience, bioengineering, biochemistry and more!

Cho:

Biology is such a rich and diverse field of study. Studying it will make your life much more exciting! From understanding the ecology of marine life under the deep sea to exploring the possibility of life on other planets, studying biology helps explain how life exists and even helps explain your own origin story!

Patty:

I chose Biology as one of the subjects at A-Level because I was interested in the amazing reactions happening in our bodies. I visited a biology lab that specialized in stem cell extraction and research and was amazed to learn about the use of stem cells in regenerative medicine and cosmetic therapies. This taught me about the impact of researchers' work on improving people's quality of life and fully convinced me to study biology at university.

Meet Our New Teachers



I'm Amine Azzane and I teach A-level and IGCSE Business studies. I have a Master's in Business Administration (MBA) and I have been an educator since 2016. I am extremely passionate about business and entrepreneurship as they are the catalyst of innovation and the manifestation of human development and progress. I believe that Business is an inspiring subject that opens a world full of wonderful opportunities and can ignite the fire within the students and empower them to aim for a fulfilling life full of creative work, personal growth, financial prosperity and meaningful contributions to society.

Hello, everyone. My name is Olia Efremova. I am from the Far East of Russia. My hometown, Blagoveshchensk and Heihe (黑河) are two cities facing each other across the Amur River. Only 500 meters separate two beautiful cities. Throughout my life, I have been keen on Chinese culture. Thus, I came to China in 2016 and stayed here for almost 6 years.

During my undergraduate studies, I have learnt various modules: politology, psychology, pedagogics, theoretical phonetics, linguistics, stylistics and many others. My interest in linguistics and foreign languages was gradually shaped throughout my life by all the different ways in which I have experienced languages: as a learner, translator, and as a teacher. I have been working with diverse learners of all levels for more than 10 years. My background includes teaching in IB, public, and private schools, all with the aim of helping students achieve their goals.



At NBIS I am an English and Global Perspectives teacher. I am teaching Global Perspectives to all of year 7 and English to two year 8 classes. I am also going to help with ESL support in year 7 and 9 classes; and I am hoping to start volleyball as an ECA. At the university, I was a member of excel volleyball and basketball teams and took part in many sport competitions. I got MVP awards in both sport disciplines. I continue to take part in volleyball competitions in Ningbo. I hope I can build a great volleyball team at NBIS as well.



My name is Damaris Mutei from Kenya. Kenya is a wonderful country known for its 'big 5' animals. Despite the fact that I can't run, Kenya is known to produce the best runners in the world. My love for math started a long time ago when I was in Year 4. Since my dad was a Math teacher (May his soul rest in Peace), he instilled the best practice required to excel in Mathematics. Since that time, I have always been a problem solver in a math class and beyond.

I studied my Bachelor of Education in Kenya's prestigious Kenyatta University. I taught for 3 years as a qualified Kenyan teacher until I decided to deepen my understanding of Mathematics. I came to China to study my master's in applied mathematics at East China Normal University in Shanghai.



I fell in love with China and decided to explore the culture as I teach. I have been teaching in China for 7 years before I joined NBIS. I am happy to be here. I am determined to make more students here Love Math.

When I am not teaching, I love travelling and reading books. I hope China opens soon so that I can travel more. I am married to a wonderful man, and together we are blessed with 2 boys aged 12 and 13. They are in Kenya currently and I am looking forward to them joining me here as soon as possible.



Nicholas Toulouse

Hello everyone. My name is Nicholas Toulouse and I teach Year 8 and Year 9 Art & Design at NBIS. I have a bachelor's degree in Fine Arts from Cooper Union for the Advancement of Science and Art in Manhattan and a Certificate in Graphic Design from University of the Arts in Philadelphia. I'm both an experienced artist and an art instructor, having taught art to all age groups, AP Art History, and high school IGCSE and A-Level before. In teaching, I combine theory and practice. I develop the hand-eye coordination of students with drawing, to develop their communication skills and visual literacy, and encourage experimentation and creative problem solving.



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NBIS Weekly Menu



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	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	土豆烧肉	红烧大排	腊鸡腿	油豆腐烧肉	红烧牛腩
	Beef with potato	Braised loins	Chicken leg	Tofu with pork	Braised beef
	西芹腊肉	芝麻鸡丝	孜然肉	盐水鸭	炸鱼排
	Celery with preserved ham	Sesame chicken	Meat	Duck	Fried fish chop
	葱油小鸡腿	盐酥鸡	狮子头	卡兹脆鸡排	火腿片
	Chicken leg	Salty fried chicken	Braised meatball	Crispy chicken chop	Ham slice
	烤土豆	西兰花	意大利面	桂花圆子	炒花菜
	Potato	Broccoli	Pasta	Osmanthus flowers with rid	Cauliflower
	花菜	咖喱土豆	花菜	西兰花	曹条
	Cauliflower	Curry potato	Cauliflower	Broccoli	French fries
	西红柿炒蛋	炒包菜	糖醋藕	五号菜	葱油万年青
	Scrabble egg with tomato	Cabbage	Sweet and sour Lotus root	Vegetable	Vegetable
	蛋糕	蛋挞	三明治	凯撒鸡肉卷	披萨
	Cup cake	Egg tart	Sandwich	Caesar chicken roll	Pizza
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	冬瓜汤	紫菜汤	海带汤	豆腐汤	西红柿蛋汤
	Gourd soup	Seaweed soup	Kelp soup	Tofu soup	Tomato soup with egg
	米饭	米饭	米坂	米饭	米饭
	Rice	Rice	Rice	Rice	Rice
	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘
	Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	烧卖	烧卖	烧卖	烧卖	烧卖
	Shao-mai	Shao-mai	Shao-mai	Shao-mai	Shao-mai
	牛角包	牛角包	牛角包	牛角包	牛角包
	Croissant	Croissant	Croissant	Croissant	Croissant
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit





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